

# ME POWER WORKSHOP

Building soaring self-  
esteem from the inside  
out



**Pamela Olsen**

**Certified WISDOM Coach™**  
**Programs based on Adventures in**  
**Wisdom™**

**B.S. Elementary Education**  
**29+ years teaching**  
**727-434-2228**

**wonderfullymade711@gmail.com**  
**Wonderfullymadekids.net**



**Visit my  
Website!**



The way kids feel about themselves is one of the biggest influences on both their happiness and on what they create in their lives. Positive self-esteem isn't something kids either have or don't have. Feeling good about themselves, even when things aren't going their way, is a skill that they can develop.

**The 5-session package that will help kids develop powerful self-esteem:**

- **How Your Mind Shapes Your World... and What You Can do to Shape Your Mind**
- **Power of Possibility – Why You Achieve What You Believe (The Good & the Bad)**
- **Building Neural Pathways – How to Create Your Path to Success**
- **The Secret Radar in Your Brain – How to Use Your RAS to Achieve Your Goals**
- **Power Shifting – How to Choose Your Power Even When Things don't Go Your Way**



5-week sessions are offered Wednesdays  
First session-September 8th- October 6th-  
Location: LCC- Mrs. Olsen's Classroom

Grades 3rd, 4th, 5th--limited space  
3:00-4:15

More sessions to follow

Creating Soaring Self-esteem, Creating Confidence and Courage, Building Resilience, Standing Up to Peer Pressure, Going for Your Goals – Making Dreams Come True Without the Fairy!

\$200.00 includes 5 sessions, workbook, snack, story, activity, and a take home page

Payments accepted- check, cash or Venmo  
[www.venmo.com/u/pamela-Olsen-0](http://www.venmo.com/u/pamela-Olsen-0)